

## St George's Church Stalybridge

Vicar	<b>Rev Denise Owen</b> Therevd.dowen@yahoo.co.uk	07741 269102
Wardens	Mrs Valerie Fallows	0755 325 8674
Deputy Wardens	Mrs Christine Crabtree	0161 285 1775
Safeguarding Co-ordinator P.C.C. Secretary	Mrs Karen Watkins	07514 207454
Treasurer	Mr Andrew Watkins	07970 079306
Magazine Editor	Mrs Linda Hurst	0161 330 0518
Room Hire	Mrs Jean McManus	0161 339 1394

#### **WWW.Stg.org.uk** FACEBOOK TWITTER @stgeorgestalybridge @StGStalybridge

For baptisms, marriages or funerals or to have the name of a departed friend or relation entered in the Book of Remembrance, please contact the Vicar on 07741 269102 or Therevd.dowen@yahoo.co.uk

Baptisms are usually conducted at 12.30 pm on the 1st & 3rd Sundays of the month.

To receive Communion at home when you are sick or housebound, please contact the Vicar on 07741 269102 or Therevd.dowen@yaho.co.uk

Supported bv LISTED PLACES OF WORSHIP **ROOF REPAIR FUND** 





Dear Sisters and Brothers in Christ,

I think every time I write I mention how quickly time passes. It is already February! And we are already looking forward to Lent which begins on 5<sup>th</sup> March with our special services for Ash

Wednesday. In contrast the Church is only just coming to the end of our Christmas and Epiphany celebrations with Candlemas or The Presentation of Christ in the Temple on February 2<sup>nd</sup>. I'm constantly aware of how quickly the months and years pass. I wonder if it's the same for you.

This brings to mind one of my favourite lines from a prayer. Here it is, 'Give us the wisdom and grace to use aright that time is left to us on earth.' It comes from the funeral service and it's asking us to make sure we're making the most of our lives. 'Use aright' obviously refers to us remaining close to God and living as disciples of Christ but I also think of it as a reminder for me to do those things I most enjoy, to enjoy my life as much as I can and to create good memories. God offers joy through the Holy Sprit and God wants us to find joy in what He has given us in creation and through human creativity.

I know that many people are facing challenges because of infirmity or financial concerns, and these can be very undermining of joy and peace, but I hope even in the worst circumstances we can all find something to give thanks for and enjoy in our lives. I'm fortunate that the vicarage has a beautiful view over the valley in Mossley. It changes as the weather and seasons change and I feel very fortunate to be able to enjoy it. It's a simple pleasure but one that I'm so grateful for.

Time is a gift from God and our lives are a gift from God. The Church emphasises the sacred nature of time by interspersing the liturgical year with feasts and commemorations. Our own lives are sacred and unique. I hope we can be thankful for these simple and profound blessings today.

Yours in Christ, Revd Denise

## **Service Details**

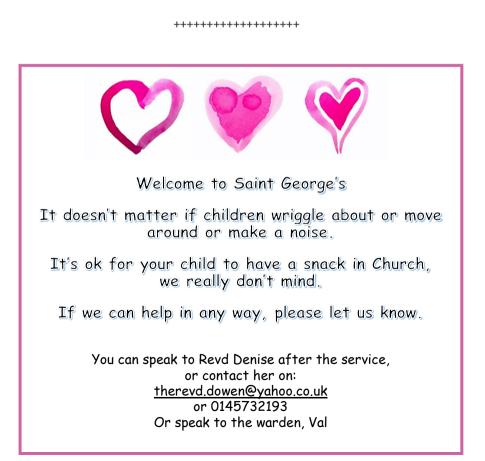
## <u>Sundays</u>

- **9.30am** Parish Eucharist with hymns and Junior Church every 1st, 2nd, 3rd and 5th Sunday in the month.
- **9.30am Worship for All** a simple Sunday service for everyone of all ages, including Holy Communion, every 4th Sunday in the month

## <u>Tuesdays</u>

10.30am Holy Communion

For baptisms, weddings, funerals and all other enquiries please contact the Vicar on 07741 269102 or Therevd.dowen@yahoo.co.uk



## Ash Wednesday Services

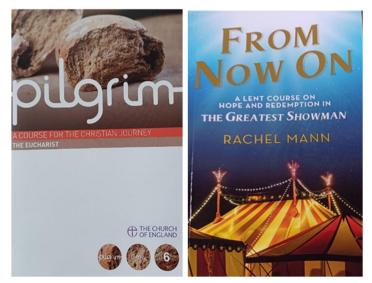


## Wednesday 5<sup>th</sup> March Holy Communion with the Imposition of Ashes 2pm at St George's, Mossley 7pm at St George's, Stalybridge

## **Lent Courses**

Monday evenings at 7pm at St George's, Stalybridge – Pilgrim Course -The Eucharist Tuesday evenings at 7pm at St George's, Mossley – Rachel Mann – From Now On / The Greatest Showman

Courses will begin the week after Ash Wednesday



## **Ridge Hill Lane WMC**

Main room can be booked free of charge for various functions, subject to availability

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Readings	and Psa	alms for February 2024	
Sun 2nd	Presenta 9.30	tion of Christ in the Temple - Candlemas Malachi 3.1-5; Psalm 24.7-end; Hebrews 2.14-end; Luke 2.22-40	
Tues 4 <sup>th</sup>	10.30	Hebrews 12.1-4; Psalm 22.25b-end; Mark 5.21-end	
Sun 9 <sup>th</sup>	4th Sunday before Lent		
	9.30	Isaiah 6.1-8; Psalm 138; 1 Corinthians 15.1-11; Luke 5.1-11	
Tues 11 <sup>th</sup>	10.30	Genesis 1.20-2.4a; Psalm 8; Mark 7.1-13	
Sun 16 <sup>th</sup>	3rd Sund 9.30	ay before Lent Jeremiah 17.5-10; Psalm 1; 1 Corinthians 15.12-20; Luke 6.17-26	
Tues 18 <sup>th</sup>	10.30	Genesis 6.5-8;7.1-5,10; Psalm 29; Mark 8.14-21	
Sun 23rd	2nd Sund 9.30	day before Lent Genesis 2.4b-9,15-end;Luke 8.22-25 <i>Worship for All</i>	
Tues 25 <sup>th</sup>	10.30	Ecclesiasticus 2.1-11; Psalm 37.3-6,27-28; Mark 9.30- 37	

## 200 Club

#### **December Winners**

1st prize £25 no 37 Karen Wright; 2nd prize £15 no 90 Steve Fallows ; 3rd prize £10 no 51 Sylvia Barrett

#### January Winners

1st prize £25 no 99 Sarah Dentith; 2nd prize £15 no 20 Pat Booth ; 3rd prize £10 no 65 Judith Pymme

Thank you for your continued support of the 200 Club. There are still some numbers available so if you would like to join the club please speak to Rose. The cost is £12 per number you hold for the full year.

## St George's News

## **Spring Fair**

Yes, we know Christmas is only just over but our spring fair will soon be upon us! It is on Saturday 10<sup>th</sup> May, 11am – 2pm

And we need your help! Do you have any ideas for Church Stalls? Is there anything that you think is missing? Are you able to help on the day?

If so, please have a chat with Chris or Val Hopefully the sun will be shining and we will be able to serve tea and cake outside again!

Please put the date in the diary and invite your family and friends along.

#### **Mystery Gift Stall**

Val is collecting items for a mystery gift stall.

There will be different categories: child under 3, child 3 and over, male, female.

We need lots of items to sell, so if you have any unwanted gifts lying about, or spot a bargain, please consider donating it. If you are able to wrap it (please indicate which category it should go in), that would be amazing, but if not, please still donate, I am happy to do the wrapping.

Gifts can be absolutely anything (although they must be unused) – from a book, to a notebook, to chocolates to a trolley token to Lego. Some items will be low in value and some high in value – which all adds to the fun!

### APCM

The APCM will be held on Sunday 18<sup>th</sup> May – after the service. This is when we vote in new PCC members, appoint assistant wardens and wardens. If you would like to be considered for any of these roles, please speak to Denise or Val, and complete a nomination form. You will need to be nominated and seconded.

Being on the PCC is great way to influence what happens in your Church, so please do consider being part of it.

## Some dates for your diary - February 2024

Sun	2nd	9.30 a.m.	Parish Eucharist with hymns
Mon	3rd	9 a.m 11 a.m.	Tiny Tots
Tues	4th	10.30 a.m.	Holy Communion
Wed	5th	6.30 p.m.	Brownies
		7.30 p.m.	Guides
Thurs	6th	9 a.m 11 a.m.	Tiny Tots
		1.00 p.m 3.00 p.m 7.30 p.m.	. Come Together Café for coffee, chat & activities Tameside Community Voices Practice
Fri	7th	11.30 a.m 2 p.m.	Dementia Café - please book places on 07714235736
Sun	9th	10.30 a.m.	Parish Eucharist with hymns
Mon	10th	9 a.m 11 a.m.	Tiny Tots
Tues	11th	10.30 a.m.	Holy Communion
Wed	12th	6.30 p.m.	Brownies
		7.30 p.m.	Guides
		7.30 p.m.	Informal Meditation and Prayers, St John's, Roughtown
Thurs	13th	9 a.m 11 a.m.	Tiny Tots
		1.00 p.m 3.00 p.m	. Come Together Café for coffee, chat & activities
		7.30 p.m.	Tameside Community Voices Practice
Sun	16h	9.30 a.m.	Parish Eucharist with hymns
Tues	18th	10.30 a.m.	Holy Communion
Thurs	20th	1.00 p.m 3.00 p.m	. Come Together Café for coffee, chat & activities
Fri	21st	11.30 a.m 2 p.m.	Dementia Café - please book places on 07714235736
Sun	23rd	9.30 a.m.	Parish Eucharist with hymns
Mon	24th	9 a.m 11 a.m.	Tiny Tots
Tues	25th	10.30 a.m.	Holy Communion
Wed	26th	6.30 p.m.	Brownies
		7.30 p.m.	Guides
Thurs	27th	9 a.m 11 a.m.	Tiny Tots
			. Come Together Café for coffee, chat & activities
_	_	7.30 p.m.	Tameside Community Voices Practice
For more information please go to our website www.stg.org.uk			

Helping to keep a church open helps to keep the rumour of God alive for a fresh generation. - *David Ford* 

## "George's Kitchen" - what we do !



"George's Kitchen" is a volunteer group based at St George's Church.

Formed during the height of the pandemic in 2021, our mission is to reach out to the most isolated, vulnerable members of our community by providing them with a free weekly home-cooked frozen meal, as well as an opportunity for a little bit of conversation on their doorstep.

Our volunteers fulfil a number of different roles ...

All our meals are cooked with reference to defined shopping lists, so we have people who undertake the weekly shop for us and deliver it to the church. Then, our cooks prepare the meals from scratch in our recently refurbished kitchen at St George's Church - typically, these cooking sessions take place on Wednesday mornings. Our volunteer cooks are ably supported by kitchen prep assistants - it really is a team effort! Then, at around noon on each Wednesday, our delivery people arrive at the church to collect the meals and distribute them to our recipients. We currently deliver about 50 meals per week to local folk in the immediate surrounding area. Anyone can claim a meal, there is no charge - we just ask that our recipients live nearby in Stalybridge; we prefer to focus on individuals who maybe find it tough getting out and about or perhaps don't have that many visitors during the week All these roles are coordinated by another volunteer who prepares a monthly rota of tasks, so everyone knows exactly what they are doing and no-one is left unsupported in their role.

The work continues behind the scenes too, as other volunteers maintain our social media presence, prepare and review menus and fulfil other chores like labelling up the meals and preparing posters advertising our service.

If anyone would like to join us, why not contact Andrew Watkins for a chat on 07783 009157? We always welcome additional help and you can commit as little or as much time as you want. As you can see, we have a variety of roles to accommodate all types of people with all types of skills

#### News just in ...

George's Kitchen as been nominated in the 'Healthy Communities' category for an award by the charity Forever Manchester.

It is thanks to all the hard work our volunteers do throughout the year.

There will be an awards dinner in Manchester on Friday 7th February, when we will find out if we have won!

#### LEAP YEAR MONEY BOX



You may remember that on 29<sup>th</sup> February, to celebrate Leap Year (and to raise some much needed funds for church!) we launched the Leap Year Money Box. The idea is to save just one coin per day, any denomination of your choice, for the whole of this leap year, ending on 28<sup>th</sup> February 2025.

Well we're most there! Have you finished yours? Or haven't you started yet! Just a reminder the just one penny a day will give us £3.66! Five pence per day is £18.30, ten pence £36.60 .... You get the idea! 366 random (British) coins would be wonderful!! We know that these are hard times so whatever you are able to give would be so much appreciated and very much needed!

I'm sure Andrew, our Treasurer, would be very grateful if you were to change the coins and pay in a cheque or bank transfer to church, however, we have more than enough volunteers to count your cash!! Any contributions will be very gratefully received!

#### A big thank you from the Tameside Toy Appeal

'We are once again overwhelmed with the success of the Tameside Toy Appeal.



This year 7557 toys were donated, £2960 raised on Just Giving and 1142 children and young people received a gift on Christmas Day.

Christmas is a very difficult time for many Tameside families living in poverty. At Action Together, we work closely with our communities and have seen the increasing pressures being placed upon families because of rising living costs. We want to thank everyone for their contribution, big or small, it all goes towards supporting Tameside families who need it most.

There are ways to support Tameside communities throughout the year, you can find out how to get involved on our website <u>https://www.actiontogether.org.uk/</u> or contact our community team https://www.actiontogether.org.uk/tameside-community-team

Thank you once again for your incredible work, we could not have achieved this without your help and support.'

## Introducing our newest contributor - Robert T Tuxxie



Dear Everyfurr,

Hello! My name is Robert. I live with my mummy. She is called Revd Denise. I live in a vicarage. I like it and I like my mummy. I moved in before Christmas. Revd Denise has been telling me about Jesus. Did you know Jesus loves you? I think he loves me too.

Here is a picture of me. I am standing next to the cupboard where mummy keeps the food. I am asking very politely for some food. Mummy says I'm too chunky. I think that means I need feeding up. She didn't give me any food. I am

wasting away! I complained and complained. Sometimes mummy is mean.

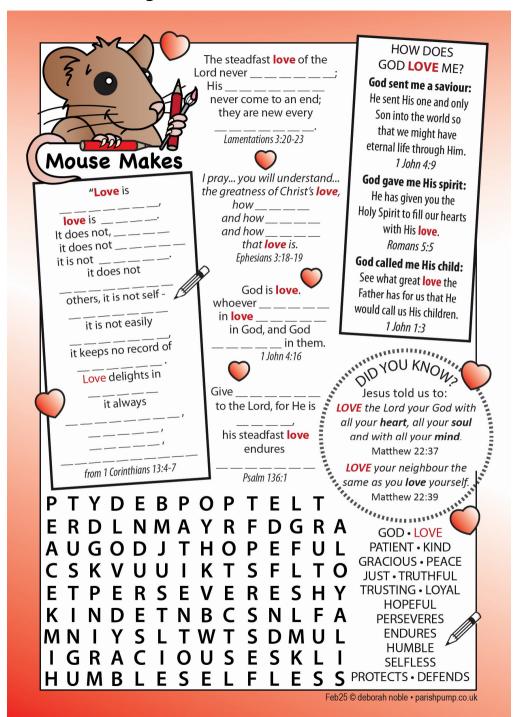
Although I don't get enough food, or Dreamies or other treats, I'm so happy to have a warm, comfy home. Revd Denise says that there are lots of people even near me who are hungry or cold or don't have somewhere to live. I think that is very sad, and I wish I could help. Mummy says Jesus wants us to help each other and especially people who are not as blessed as me. Blessed is a new word mummy has taught me. I like it and it makes me say, 'Thank you' to Jesus for everything. Do you say 'Thank you' to Jesus sometimes? I still want more food though.

Sending special scritches to Everyfurr, Robert T Tuxxie

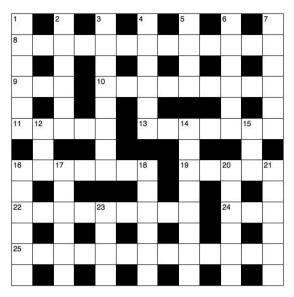
#### January Crossword Solution

ACROSS: 1, Godlessness. 9, Egotism. 10, After. 11, Eat. 13, Sort. 16, Plan. 17, Escape. 18, Odds. 20, Idem. 21, No fear. 22, Idle. 23, Abet. 25, Ail. 28, Eaves. 29, Achieve. 30, Grasshopper. DOWN: 2, Odour. 3, Lair. 4, Same. 5, Neat. 6, Settled. 7, Gershonites. 8, Grandmother. 12, Apples. 14, TES. 15, Octopi. 19, Deliver. 20, Ira. 24, Breve. 25, As is. 26, Lash. 27, Whip.

## Children's Page



## **February Crossword**



#### Across

8 Interrogated (Acts 12:19) (5-8); 9 'Burn it in a wood fire on the —heap' (Leviticus 4:12) (3); 10 Tobit, Judith, Baruch and the books of Esdras and the Maccabees are part of it (9); 11 Science fiction (abbrev.) (3-2); 13 Clay pit (anag.) (7); 6 Went to (John 4:46) (7); 9 'Therefore, I urge you, brothers, in view of God's mercy, to — your bodies as living sacrifices' (Romans 12:1) (5); 2 David's plea to God concerning those referred to in 14 Down: 'On — let them escape' (Psalm 56:7) (2,7); 24 Royal Automobile Club (1,1,1) 25 How the book of Ezekiel refers to God more than 200 times (Ezekiel 2:4) (9,4)

#### Down

1 Seas (Proverbs 8:24) (6); 2 One of the sons of Eli the priest, killed in battle by the Philistines (1 Samuel 4:11) (6); 3 Specialist in the study of the Muslim religion (8); 4 'Do not rebuke an older man harshly, but — him as if he were your father' (1 Timothy 5:1) (6); 5 One of Esau's grandsons (Genesis 36:11) (4); 6 Taking a chance (colloq.) (2,4); 7 God's instructions to the Israelites concerning grain offerings: '— salt to — your offerings' (Leviticus 2:13) (3,3); 12 Confederation of British Industry (1,1,1); 14 'All day long they twist my words; they are always— to harm me' (Psalm 56:5) (8); 15 The crowd's reaction to Jesus bringing back to life a widow's son in Nain (Luke 7:16) (3); 16 Disappear (Psalm 104:35) (6); 17 How Jeremiah was likely to die if he wasn't rescued from the cistern where he was imprisoned (Jeremiah 38:9) (6); 18 What the prophets do to a wall, with whitewash (Ezekiel 13:10, RSV) (4,2); 20 Made by a plough (Job 39:10) (6); 21 Noah was relieved when the flood waters continued to — (Genesis 8:5) (6); 23 Jesus gave the Twelve the power and authority to do this to diseases (Luke 9:1) (4)



# easyfundraising feel good shopping

Did you know that St George's Church, Stalybridge is registered on #easyfundraising? This means you can raise free donations for us in 2025 when you shop online! Over 8,000 retailers will make a donation on your behalf when you shop. All the big names like Sainsbury's, M&S, Argos, Just Eat and many others are ready to donate at no extra cost to you. Plus, sign up and raise your first donation and they'll get a bonus £1:

https://join.easyfundraising.org.uk/stgeorgeschurchstalybridge/576b0c/ s2s/zhbCJtHD/SE868/facebook/

## These donations really mount up and since joining a large amount has been raised JUST by people using easyfundraising when they shop online!!

Please sign up to support us at <u>www.easyfundraising.org.uk/causes/stgeorgeschurchstalybridge</u>

## Why Do We Do That? Making the Sign of the Cross

You may have noticed that I make the sign of the cross quite often during services. There are two different ways that I use the sign of the cross. First on myself. I sign myself, head, shoulders and chest or heart, and I make a larger sign over the congregation. Some people think that as Anglicans and members of the Church of England we don't make the sign of the cross, they think it's only for Roman Catholics. Clearly, this isn't the case, but it is a personal choice.

So, why do it? Well, you may remember last time I wrote about why the dismissal at the end of the service comes from the back of church. It's a sign, a physical sign, of us being sent out into the world in the power of the Spirit. The sign of the cross is also a physical sign. It's a physical sign of the centrality of the cross in our lives. It's a sign that we carry the wonderful benefits of the cross and resurrection in our bodies; our minds (head), strength (shoulders), and heart (chest). It reflects our hope to love God with *'all your heart and with all your soul and with all your strength'*. This is how I think of making the sign of the cross to myself.

The other way the sign of the cross is used is to the congregation. The two most obvious uses are during the Absolution after the Confession and during the Blessing. Again, these are physical signs. First, at the absolution it's a sign of God's forgiveness which comes through the cross and second, at the blessing it's a sign that we take God's blessing out into the world with us.

Why physical signs? Why something we can see and do rather than just hear? This is because we believe in the incarnation. We believe that God became human. God was born and became flesh. This means we have a high understanding of the physical things of creation including our bodies. We believe that our bodies are sacred and that we are part of the sacredness of God's creation, and the sign of the cross is an outward demonstration of this sacredness. It also reflects an inward spirituality based on an appreciation of Christ's sacrifice on the cross for us. We see crosses around us in church and we 'do' the cross to ourselves when we make the sign of the cross over our bodies.

**Revd** Denise

Look back, and remember He was with you. Stand still, and realise He is with you. Walk forward, and trust: He will be with you always. – *Margaret Silf* 

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## **BAPTISMS, WEDDINGS & FUNERALS**

## **Baptisms**

## 4th January

Sapphire Joan Hill 18th January Gabriel Christopher Cotton



	End of Year Figure	<u>es</u>
Thursday Come Together Café		
Income		
Donations from memb	bers £377.00	
Donation from Big Loc	cal <u>£100.00</u>	
Total	£477.00	
Expenditure		
Christmas meal - 22 x	£15 £330.00	
Beakers	<u>£ 46.00</u>	
Total	£376.00	

Income	£477.00
less <b>Expenditure</b>	<u>£376.00</u>
	£ 101.00

£101 Donated to Church Funds for use of electricity and other amenities.

## 200 Club

Income	
81 numbers @ £12	£972.00
1 number @ £ 6	<u>£ 6.00</u>
Total	£978.00
Expenditure	
Prizes	£600.00
	~~~~ ~~
Income	£978.00
less <b>Expenditure</b>	<u>£600.00</u>
	£378.00

£378 Donated to Church Funds

## From Our Book of Remembrance

			James Harrison Rowbottom	1963
Vera Hadfield	2005	20 Feb	John Sedgwick	1964
Carl Stephen Morrison	2013		Clara Brown	2009
Mary Priestley	1994		Nellie Allcock	2011
Margaret Longmate	2011		Sylvia Wilson	2014
Peter Andrew Diamond	2013	22 Feb	Frederick James Eldridge	1989
James Howarth	1993		Joan Wykes	2001
Albert Livsey	1993	24 Feb	Mary Theresa Brierley	2004
Norman Thomas Quest	2015	25 Feb	Philip Grocott	1975
Annie Howard	1981		Harry Nuttall	1992
Adam Constantine	2004		Leslie Barber	2006
Edith Harriet Turner	1991	26 Feb	Herbert Newton	1971
David Brian Bardsley	2011		George Henry Maddock	1983
Ada Alice Cooper	1970		Edward Cooper	1986
Rose Pamela Gudgeon	2010		Francis Frederick Lawes	1999
Donald Joseph	1992		Lucy Wilson	2011
Sidebottom			Edith Lees	2014
Colin Birch	2001	27 Feb	Winifred Ada Christian	1968
Harold Lee	1961		Maud Green	1986
Iris Wilson	1975		Clara Wardle	1987
Ada Stephenson	1983		Elsie Violet Shaw	2000
Mary Skelton	2012		Jessie Birch	2011
Thomas Darraugh	2019	28 Feb	Robert Fowden	1982
Mary Pollitt	1987		Samuel Terence Broadbent	1990
Leslie Anne Moura	2020		Elsie Hopwood	2006
John Devlin	1973	29 Feb	Agnes Goodwin	1996
John Edward Chadwick	2015		Ollerenshaw	
Yvonne Cooper	2019			
Kenneth Shaw	2003			
Gertrude Fitchett	1984			
George Hubert Morris	2015			
Annie Revell	1986			
	Mary Priestley Margaret Longmate Peter Andrew Diamond James Howarth Albert Livsey Norman Thomas Quest Annie Howard Adam Constantine Edith Harriet Turner David Brian Bardsley Ada Alice Cooper Rose Pamela Gudgeon Donald Joseph Sidebottom Colin Birch Harold Lee Iris Wilson Ada Stephenson Mary Skelton Thomas Darraugh Mary Pollitt Leslie Anne Moura John Devlin John Edward Chadwick Yvonne Cooper Kenneth Shaw Gertrude Fitchett George Hubert Morris	Vera Hadfield2005Carl Stephen Morrison2013Mary Priestley1994Margaret Longmate2011Peter Andrew Diamond2013James Howarth1993Albert Livsey1993Norman Thomas Quest2015Annie Howard1981Adam Constantine2004Edith Harriet Turner1991David Brian Bardsley2011Ada Alice Cooper1970Rose Pamela Gudgeon2010Donald Joseph1992Sidebottom2010Harold Lee1961Iris Wilson1975Ada Stephenson1983Mary Skelton2012Thomas Darraugh2019Mary Pollitt1987Leslie Anne Moura2020John Devlin1973John Edward Chadwick2015Yvonne Cooper2019Kenneth Shaw2003Gertrude Fitchett1984George Hubert Morris2015	Vera Hadfield200520 FebCarl Stephen Morrison2013Mary Priestley1994Margaret Longmate2011Peter Andrew Diamond201322 FebJames Howarth199324 FebNorman Thomas Quest201525 FebAnnie Howard19812004Edith Harriet Turner199126 FebDavid Brian Bardsley20112010Donald Joseph1992210Sidebottom201027 FebHarold Lee19611175Ada Stephenson1983Mary Skelton2012210Thomas Darraugh201928 FebMary Pollitt198729 FebJohn Devlin197329 FebJohn Edward Chadwick20152019Kenneth Shaw20032019Gerge Hubert Morris2015	Vera Hadfield200520 FebJohn SedgwickCarl Stephen Morrison2013Clara BrownMary Priestley1994Nellie AllcockMargaret Longmate2011Sylvia WilsonPeter Andrew Diamond201322 FebFrederick James EldridgeJames Howarth199324 FebMary Theresa BrierleyAlbert Livsey199324 FebMary Theresa BrierleyNorman Thomas Quest201525 FebPhilip GrocottAnnie Howard1981Harry NuttallAdam Constantine2004Leslie BarberEdith Harriet Turner199126 FebHerbert NewtonDavid Brian Bardsley2011George Henry MaddockAd Alice Cooper1970Edward CooperRose Pamela Gudgeon2010Francis Frederick LawesDonald Joseph1992Lucy WilsonSidebottomEdith LeesColin Birch200127 FebMary Skelton2012Jessie BirchThomas Darraugh201928 FebMary Skelton2012Samuel Terence BroadbentLeslie Anne Moura2020Elsie HopwoodJohn Devlin197329 FebJohn Edward Chadwick2015OllerenshawYvonne Cooper2019Kenneth ShawYvonne Cooper2019Kenneth Shaw2003Gertrude Fitchett1984George Hubert Morris2015



#### **BOOK OF REMEMBRANCE** To have the name of a loved one entered into this special book, and remembered in our intercessions for their anniversary please have a word with one of the wardens.

The cost for the inscription is £10 per entry

# TAMESIDE (S.A.S) GROUP Stroke Awareness Support Group

Affiliated to the Stroke Association

We are a social group for all who have survived a stroke, their families, friends and carer.

We meet on:

## 1st Wednesday of the month

at 11a.m.

at Morrisons Cafe, Dukinfield

Our aim is to enjoy life, no matter what and have fun and socialise.

Our message is: **DON'T STOP BEHIND CLOSED DOORS, OURS IS OPEN.** We look forward to new members and volunteers to join us. Come in for a brew and a chat. **Don't be shy...Give us a try!** 

IF YOU WOULD LIKE MORE INFORMATION

**Contact:** 

**RAKSHA on - 07368 816232** 

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