

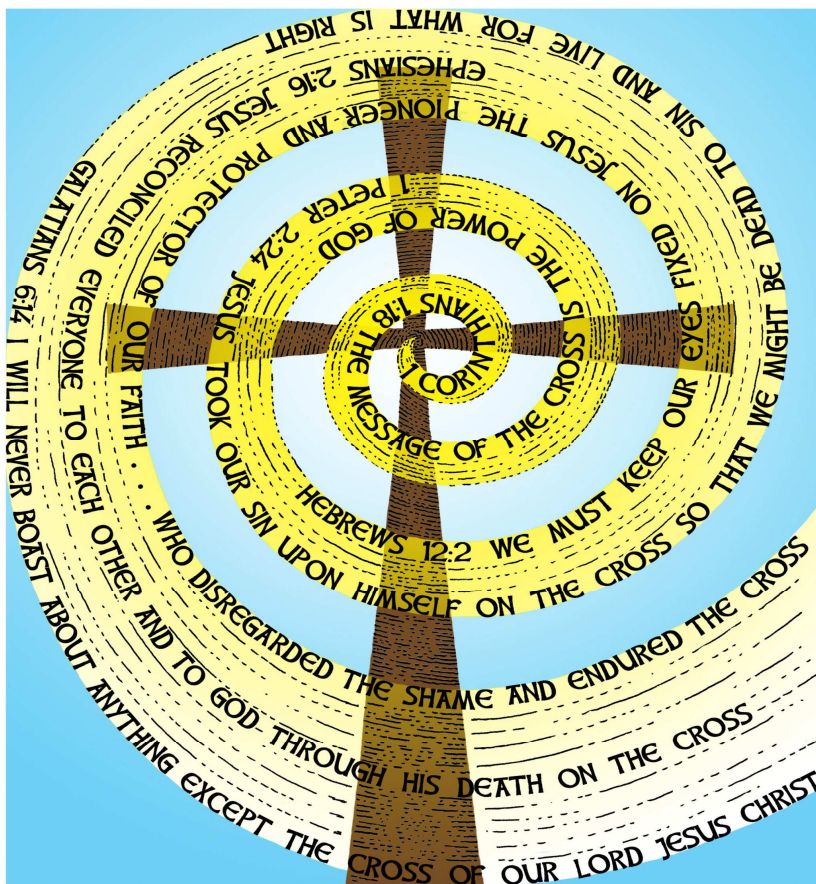
# St George's Parish Church Stalybridge



 THE CHURCH  
OF ENGLAND  
Diocese of Manchester

CHURCH  
FOR A  
DIFFERENT  
WORLD

50p



April 2022

# St George's Church Stalybridge

Vicar

Wardens	Mrs Gillian Cotton	0781 624 4909
	Mrs Valerie Fallows	0161 304 9522
Deputy Wardens	Mrs Christine Crabtree	0161 2851775
	Mrs Janet Vidler	0161 303 7689
Safeguarding Co-ordinator	Mrs Rose Hayward	0161 303 1731
P.C.C. Secretary	Mrs Lynn Moon	0161 338 5773
Treasurer	Mr Michael Davies	0161 338 5112
Magazine Editor	Mrs Linda Hurst	0161 330 0518
Room Hire	Mrs Janet Vidler stgwarden@hotmail.co.uk	0161 303 7689

FACEBOOK  
@stgeorgestalybridge

[www.stg.org.uk](http://www.stg.org.uk)  
TWITTER  
@StGStalybridge

*For baptisms, marriages or funerals or to have the name of a departed friend or relation entered in the Book of Remembrance, please contact the Wardens on 07553 258674 or [stgeorge.wardens@yahoo.com](mailto:stgeorge.wardens@yahoo.com).*

*Baptisms are usually conducted at 12.30 pm  
on the 1st & 3rd Sundays of the month.*

*To receive Communion at home when you are sick or housebound, please contact Chris Crabtree on 07714235736 or*

## **A note from the wardens .....**

Hello everyone – we would first like to say a big THANK YOU to everyone who has helped to make life at Saint George's continue now that we are in vacancy.

We have been visited by many Vicars, all of which have remarked on how welcoming everyone has been. This has resulted in return visits (making the life of the wardens a lot easier, so thank you). Junior Church have also had a big involvement in our Worship, leading the service on the fourth Sunday of each month. It is great to see their enthusiasm, knowledge and love for our Lord.

There is a lot that goes on behind the scenes at Saint George's, which often goes unnoticed. However, without the volunteers, the work of the Church could not continue. In light of this, we are introducing a new series, 'Behind The Scenes', where volunteers and groups can tell us all about what is happening.

Have you ever wondered what Rainbows do? Or why Michael carries the cross at the beginning of the service? Or who changes the tea lights? Well, over the next few months, you will find out!

If your question isn't answered, or you think of something that we may miss, please send the wardens an email and we will do our best to answer the question.

## **We start this month with Sidespeople**

Sidespeople are the people who greet you when you first walk through the door, but that isn't the start of their day. They get to Church early, at about 9.45am, so that they can get the hymn books, service sheets and pew sheets ready for people arriving. They are usually the first to notice new visitors, or someone who hasn't been around for a while. They welcome new visitors and help them to find their feet, advise that we have a junior church if appropriate and generally try to make them feel at home. Often, if someone has a problem, or needs to speak to a warden or Vicar, they are the ones who will be asked to pass the message on.

During the service, the sidespeople take up the offertory – bread and wine, and the collection. During the communion, they deal with crowd control, and invite people to go up for communion or a blessing at the right time. This helps to avoid people crowding together unnecessarily. They will be the second to last people that go up for communion, just before the wardens.

At the end of the service, they collect the hymn books and service sheets as people leave, then tidy them away ready for the next service.

So without the sidespeople, the service could get a bit chaotic!

If you fancy joining our sidespeople, please have a word with the sidespeople on duty, one of the wardens, or Chris Crabtree (who

## Service Details

### Sundays

**10.30am Parish Eucharist with hymns**

**Baptisms, weddings and funerals continue  
with no numerical restrictions**

*A full risk assessment is in place and regularly revised.  
We continue stringent hygiene and social distancing procedures.*

**YOU MUST NOT ATTEND if you are unwell, self isolating  
or showing any symptoms.**

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#### **COVID 19 UPDATE**

***If you have any questions, queries or concerns,  
please contact the Churchwardens on 07553 258674 or  
stgeorge.wardens@yahoo.com***

#### **Covid 19 Measures**

Please continue to sanitise your hands on your way into the building. You are encouraged to keep wearing a face covering in church to help protect one another – this is now your choice. You are encouraged to ensure that you are well spaced around the church and not singing directly behind someone else. Please continue to leave your collection on the plate at the back of church. The peace may be shared physically but please share only with those in your pew. If you do not wish to share the peace physically, please wave the peace instead to indicate this! Holy Communion continues to be received standing and using the one-way system still in place in church. Please sanitise your hands before receiving. The chalice will be available for those who wish to receive it. **No intinction (dipping wafers)**

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# A very special birthday



Tuesday 29th March 2022 marked a very special day and milestone birthday for Dorothy Dawson - her 100th birthday!

Dorothy was born in Mossley on 29th March 1922 and has been an active member of the church all her life, first at All Saints, Micklehurst and then St George's , Stalybridge from 2014, where she is still a very active and regular attender.

She married Norman in 1946 and they were married for almost 40 years. She was a founding member of the Mossley Cancer Committee and is still a very active supporter of this charity and even requested donations to them in lieu of birthday presents.

Dorothy is a lovely lady with many friends so this week has been parties all the way - in fact four parties so that all of her friends could wish her well.  
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## PARISH EMAIL NEWSLETTER

To help us keep in touch we have a weekly email parish newsletter with bible readings and prayers for Sundays, information, updates, activities for Junior Church and announcements

If you don't already receive the e-newsletter and would like to, please email the wardens on [stgeorge.wardens@yahoo.com](mailto:stgeorge.wardens@yahoo.com) send your email address by text or WhatsApp to the wardens or sign up via our church Facebook page or website.



### My Feet

MOBILE Chiropody & Podiatry  
Foot care at home

Nail care,  
Corns,  
Callus,  
Fungal infections,  
**Ingrowing** toe nails.  
Footwear advice  
Insoles, and other  
foot related problems.

**Janette McLean**  
BSc (Hons) Podiatry

Tel: 0161 338 8950  
Mobile: 07961 583 668



HPC registered Podiatrist

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## Readings and Psalms for April 2022

<b>Sun 3<sup>rd</sup></b>	<b>5th Sunday of Lent - <i>Passiontide begins</i></b>
	<b>10.30</b> <b>Isaiah 43.16-21; Psalm 126; Philippians 3.4b-14; John 12.1-8</b>
Tues 5 <sup>th</sup>	10.30    No service
<b>HOLY WEEK</b>	
<b>Sun 10<sup>th</sup></b>	<b>Palm Sunday</b>
	<b>10.30</b> <b>Isaiah 50.4-9a; Psalm 31.9-16; Philippians 2.5-11; Luke 22.14-end of 23</b>
Tues 12 <sup>th</sup>	10.30    No service
<b>Thurs 14<sup>th</sup></b>	<b>Maundy Thursday</b>
	<b>20.00</b> <b>Exodus 12.1-4,11-14; Psalm 116.1,10-end; 1 Corinthians 11.23-26; John 13.1-17,31b-35</b>
<b>Fri 15<sup>th</sup></b>	<b>Good Friday</b>
	<b>10.30</b> <b>Isaiah 52.13-end of 53; Psalm 22.1-21; Hebrews 10.16-25</b>
<b>Sun 17<sup>th</sup></b>	<b>Easter Day</b>
	<b>10.30</b> <b>Isaiah 55.1-9; Psalm 63.1-9; 1 Corinthians 10.1-13; Luke 13.1-9</b>
Tues 19 <sup>th</sup>	10.30    No service
<b>Sun 24<sup>th</sup></b>	<b>2nd Sunday of Easter</b>
	<b>10.30</b> <b>Acts 5.27-32; John 20.19-end</b> <b><i>Worship for All</i></b>
Tues 26 <sup>th</sup>	10.30    No service

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new for 2022  
super-charged  
member  
pack!

**FREE**  
membership\*  
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Countdown course  
26th Dec 2021 to 15th Jan 2022

## Meet Your Local Consultants

**Cassandra**  
07738904029

Stalybridge  
Labour club  
Tuesday  
6pm



Stalybridge  
Labour club  
Wednesday  
9.30am

**Marie**  
07585963169



Stalybridge  
Reach Church  
Wednesday  
4.15pm 5.45pm  
7.15pm

**Jane**  
07742046993



Stalybridge  
Silver Springs  
Academy  
Thursday  
6pm

#SWtastethefreedom

[slimmingworld.co.uk](http://slimmingworld.co.uk)

\*At participating groups only. See our website for more information.

**Slimming**<sup>®</sup>  
-WORLD-

touching hearts, changing lives



## Some dates for your diary - April 2022

Fri	1st	1.30 pm. - 3.30 p.m.	Dementia Café - please book places on 07714235736
<b>Sun</b>	<b>3rd</b>	<b>10.30 a.m.</b>	<b>Parish Eucharist with hymns</b>
Mon	4th	9 a.m. - 11 a.m. 7.00 p.m.	Tiny Tots Lent Course
Thurs	7th	9 a.m. - 11 a.m. 1.00 p.m. - 3.00 p.m. 7.30 p.m.	Tiny Tots Come Together Café for coffee, chat & activities Tameside Community Voices Practice
<b>Sun</b>	<b>10th</b>	<b>10.30 a.m.</b>	<b>Palm Sunday Parish Eucharist with hymns</b>
Mon	11th	7.00 p.m.	Lent Course
<b>Thurs</b>	<b>14th</b>	1.00 p.m. - 3.00 p.m. <b>8.00 p.m.</b>	Come Together Café for coffee, chat & activities <b>Maundy Thursday Eucharist</b>
<b>Fri</b>	<b>15th</b>	<b>10.30 a.m.</b>	<b>Good Friday—The Liturgy of the Cross</b>
<b>Sun</b>	<b>17th</b>	<b>10.30 a.m.</b>	<b>Easter Sunday Parish Eucharist with hymns</b>
Thurs	21st	1.00 p.m. - 3.00 p.m.	Come Together Café for coffee, chat & activities
Fri	22nd	1.30 pm. - 3.30 p.m.	Dementia Café - please book places on 07714235736
<b>Sun</b>	<b>24th</b>	<b>10.30 a.m.</b>	<b>Parish Eucharist with hymns</b>
Mon	25th	9 a.m. - 11 a.m.	Tiny Tots
Thurs	28th	9 a.m. - 11 a.m. 1.00 p.m. - 3.00 p.m. 7.30 p.m.	Tiny Tots Come Together Café for coffee, chat & activities Tameside Community Voices Practice

**For more information please go to our website [www.stg.org.uk](http://www.stg.org.uk)**

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### **200 Club**

#### **March Winners**

1st prize £25 no 30 Pat Booth; 2nd prize £15 no 31 Andrew Watkins;  
3rd prize £10 no44 Sheila Finan

**An Easter reflection** *by Canon David Winter.*

“When you die, that’s it. Nothing. Out like a light.” That’s what the man in the pub said, and his mates all nodded, though the one whose mother had died the week before wasn’t really quite so certain. Still, it seemed to make sense.



After all, we know what ‘dead’ means: dead leaves, dead batteries, dead fish, dead pets . . . and dead people, to be honest. While we recognise that it’s all too easy to go from alive to dead, we’ve got serious doubts about the possibility of any return journeys.

Which is why Christians have an uphill task at Easter. Jesus was a great man, and people want to remember how He died. Fair enough. But it starts getting complicated when Christians insist that Jesus died - but didn’t stay dead - in fact, that He’s alive now. That ‘return journey’ has happened, they say.

That’s the problem about Easter, Christians persisting in what sounds like a ridiculous belief. If they just dropped the resurrection bit and concentrated on the wonderful teaching of Jesus and His example of generosity, compassion and love then everybody would find Christianity much more believable. Wouldn’t that make sense? And wouldn’t that fill the churches again?

Well it might (or, more likely, it might not). But in any case, the trouble is that it wouldn’t be Christianity at all. The faith of Christians actually depends on the resurrection of Jesus, and always has done, right from the earliest days.

After the crucifixion the body of Jesus was taken down from the cross by some of His friends and put in a rock tomb with a heavy stone rolled across the doorway. Yet the following Sunday, the third day after His death, His followers claimed that they had met Him, seen Him, talked with Him.

So certain was their belief that nothing could make them recant it. Not ridicule, not torture, not even death itself. They couldn’t deny His resurrection, because they were absolutely convinced that it had happened. Plenty of clever and powerful people at the time had a vested interest in proving them wrong. It shouldn’t have been difficult to prove that a dead

man had stayed dead, especially when you have at your disposal the resources of the greatest empire in history. Yet they didn't do it, because it couldn't be done.

Still today millions of people all over the world believe that Jesus did in fact rise from the dead. They include brilliant scientists and philosophers as well as plenty of 'ordinary' men and women of all ages. They believe it because they respect the witness of those first Christians, and because in many cases their own lives have been transformed by a relationship with Jesus - a relationship that wouldn't make sense if He were dead!

Christians don't put their faith in a dead hero from the past, but in someone who is alive and *active in their own lives and in the world*. That, in a nutshell, is the real message of Easter.

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## **Two donkeys**

Two donkeys were walking the streets of Jerusalem. One said: "Just a few days ago I came down that hill carrying Jesus, and the people were all singing and shouting and throwing down their cloaks and palms for me to walk on. But today they don't even recognise me."

The other donkey replied: "That is how it is, my friend. Without Jesus, none of us amounts to much."

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## **How YOU could help someone in Ukraine**

Unfortunately we are no longer able to accept donations for Ukraine at St George's but there are still a number of other ways you can help.

Ukraine is in crisis. Only God knows how the situation will unfold in the coming days and weeks. Meanwhile, there is a need for food and other basic humanitarian aid.

The following Christian charities are at work in the country, and would welcome your immediate support:

Barnabas Fund. <https://www.barnabasfund.org/gb/>

Christian Aid. <https://www.christianaid.org.uk>

Methodist Church UK. <https://www.allwecan.org.uk>

Operation Mobilisation <https://www.uk.om.org/Appeal/ukraine-in-crisis>

Samaritan's Purse <https://www.samaritans-purse.org.uk>

Transform Europe Network: <https://www.ten-uk.org>

World Vision <https://www.worldvision.org.uk>

# Georges Kitchen

Our community kitchen is now up and running and reaching many people within our community. We have had some good feedback from our customers and look forward to increasing our customer numbers in the new year.

However, as with all these things, we need volunteers, particularly cooks. If you are able to help in any way, either helping to prepare, cook or deliver the meals, or are able to help with the admin side of things, we would be incredibly grateful.

If you would like any more information, please contact [georgeskitchen2021@gmail.com](mailto:georgeskitchen2021@gmail.com)

You can also telephone or text: 07783 009157

## Magazine Subscriptions

*We are delighted that the magazine is now back on track and we hope that it is keeping you informed.*

Thank you to those who have continued to make donations and supported us over what have been two very difficult years.

There will now be 10 editions produced each year – these will include a December/January edition and a July/August edition.

There has been a slight increase in cost to 50p per magazine and therefore, a subscription of £5 per year.

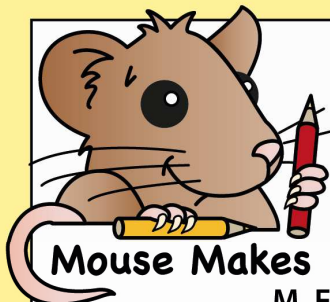
Please be in touch with Julia Davies on 0161 338 5998 if you have any questions or need any further information.

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### March Crossword Solution

**ACROSS:** 1, Awaken. 4, Quench. 8, Hit me. 9, Sadness. 10, Semitic. 11, Ridge. 12, Testimony. 17, Psalm. 19, Indulge. 21, Deserve. 22, Ariel. 23, Rose as. 24, Beggar.

**DOWN:** 1, Aghast. 2, Attempt. 3, Eject. 5, Undergo. 6, No end. 7, Hasten. 9, Sacrifice. 13, Samaria. 14, Yelling. 15, Spider. 16, Dealer. 18, Asses. 20, Drake.



## Mouse Makes



Who betrayed Jesus?  
Who denied Jesus?

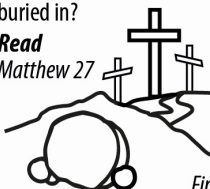
Read Matthew 26:17-75



What did the soldiers put on Jesus at his crucifixion?  
What time did Jesus die?  
Whose tomb was Jesus buried in?

Read

Matthew 27

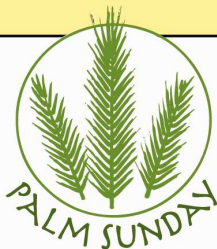


HAPPY EASTER!

Jesus has risen!

Jesus is with us!

Jesus will come again!



What did Jesus send the disciples to find?

What did the crowd do?

Read  
Matthew 21:1-11



What did Jesus do at Passover?



Read Matthew 26:17-30



On the third day who rolled away the stone covering the tomb?

What had happened to Jesus?

Read

Matthew 28

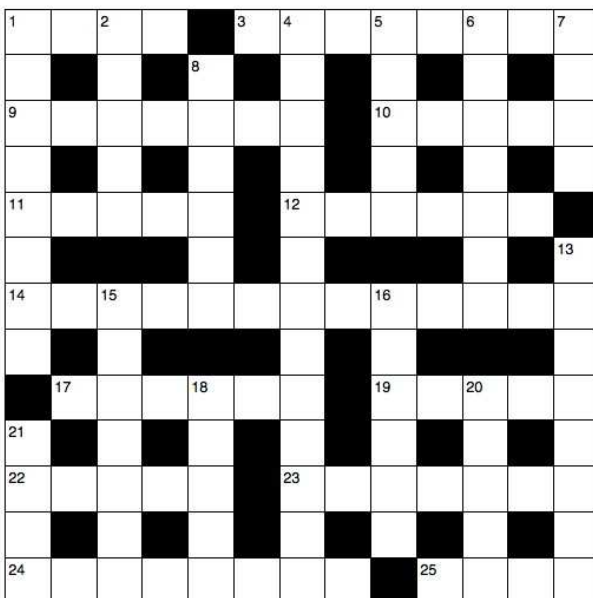


M E S S I A H W I N E  
E T R E E D O N K E Y  
A Q C H R I S T I T P  
L R G O D H A O S H A  
R O B E A E N V T R S  
A O O B R A N C H E S  
N M J O K V A P O E O  
G O O D N E W S R D V  
E R Y Y E N V A N A E  
L N J E S U S V S Y R  
P I B D S Q U I P S C  
E N L I N E N O I C U  
A G O T E L L U R R P  
C R O W N D R I O Q  
E A D E A T H A T S U  
B O D Y E N A I L S A  
S P A L M S T S K T K  
C R U C I F Y E I O E  
D A E B R E A D S M B  
K I N G O L O T S B U  
I S T O N E M A R Y R  
S E A S T E R O A D Y

Find these words from the Easter story in the word search:

DONKEY • ROAD • BRANCHES • PALMS • KING • HOSANNA  
PASSOVER • ROOM • BREAD • WINE • CUP • MEAL • BODY • BLOOD  
KISS • MESSIAH • CHRIST • JESUS • CRUCIFY • CROWN • THORNS  
ROBE • TREE • NAILS • CROSS • DARKNESS • QUAKE • DEATH • LOTS  
TOMB • LINEN • STONE • BODY • BURY • THREE DAYS • MORNING  
MARY • ANGEL • HEAVEN • GOD • RAISED • JOY • GO TELL  
GOOD NEWS • PEACE • SPIRIT • SAVIOUR • PRAISE • EASTER

## April Crossword



### Across

1 'The baby in my — leaped for joy' (Luke 1:44) (4) 3 A 'don't know' in matters of faith (8), 9 In the distant past (Jeremiah 2:20) (4,3), 10 Armada (1 Kings 10:22) (5), 11 Where Moses was confronted with the burning bush (Exodus 3:1) (5), 12 Hair colour indicative of skin infection (Leviticus 13:30) (6), 14 'The worries of this life and the — of wealth choke it, making it unfruitful' (Matthew 13:22) (13), 17 Expel (2 Kings 13:23) (6), 19 What Jesus wrapped round his waist when he washed his disciples' feet (John 13:4) (5), 22 The sixth plague to afflict the Egyptians (Exodus 9:9) (5), 23 For nine (anag.) (7), 24 Where there is no time (Psalm 93:2) (8), 25 Goliath's challenge to the Israelite army in the Valley of Elah: 'This day I — the ranks of Israel!' (1 Samuel 17:10) (4)

### Down

1 'I will become angry with them and forsake them; I — — my face from them' Deuteronomy 31:17) (4,4), 2 Usual description of prophets such as Amos, Hosea, Micah, and so on (5), 4 'They cannot see the light of the gospel of the — — — , who is the image of God' (2 Corinthians 4:4) (5,2,6), 5 An animal's internal edible parts (Leviticus 4:11) (5), 6 Popular 20th-century religious novel by Lloyd C. Douglas, which became a 1953 film starring Richard Burton (3,4), 7 'A — on a hill cannot be hidden' (Matthew 5:14) (4), 8 One of the exiles, a descendant of Bebai, who married a foreign woman (Ezra 10:28) (6) 13 Old Testament hymn-singing (8), 15 'And O what transport of delight from thy pure — floweth' (7), 16 Of felt (anag.) (3,3), 18 'So — the — sets you free, you will be free indeed' (John 8:36) (2,3), 20 Comes between 'bad' and 'worst' (John 5:14) (5), 21 'Neither height nor depth... will be — to separate us from the love of God' (Romans 8:39) (4) 16 Of felt (anag.) (3,3), 18 'So — the — sets you free, you will be free indeed' (John 8:36) (2,3), 20 Comes between 'bad' and 'worst' (John 5:14) (5), 21 'Neither height nor depth... will be — to separate us from the love of God' (Romans 8:39) (4)



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Do you shop online?  
If you do remember to use easyfundraising.

It's easy and completely FREE! Over 4,000 shops and sites will donate to us when you use easyfundraising to shop with them – at no extra cost to yourself!

***These donations really mount up and since joining two years ago a large amount has been raised JUST by people using easyfundraising when they shop online!!***

Please sign up to support us at  
[www.easyfundraising.org.uk/causes/stgeorgeschurchstalybridge](http://www.easyfundraising.org.uk/causes/stgeorgeschurchstalybridge)

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## Ridge Hill Lane WMC

Main room can be booked free of charge for various functions, subject to availability

Artistes regularly



All live sport shown on large screens

Pool tables

Children allowed under supervision

New members always welcome

Contact manager for further info on

## St George's News

### Cleaning Team

We desperately need more volunteers for the cleaning team - you don't have to commit to every week, every bit of help will be welcomed. Please speak to Rose for details.



If your group or organisation needs storage space, please have a chat with Rose.



### Maintenance Team

If you would like to be a part of the maintenance team please have

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K. Revell BA (Hons)*

# **BAPTISMS, WEDDINGS & FUNERALS**



## **Funerals**

**22 March**

Arthur Fielding

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## **What is Maundy Money?**

Every year the Queen distributes silver coins at a special service on Maundy Thursday. It is part of a tradition dating back many centuries, where the Royal Family took part in ceremonies washing the feet of poor people and giving gifts.

The Royal Maundy Service itself began in 1662, when Charles II gave out coins. The ones that the Queen gives out each year bear the portrait of Her Majesty designed for her coronation in 1953, even though the image on ordinary circulating coinage has since been changed four times.

According to the royal.uk website, the Queen decided early on in her reign that Maundy money should not just be distributed to the people of London. And so, for many years she has visited various cathedrals or abbeys to give gifts to local people. Recipients of Maundy money are nominated by their local dioceses for contributions to their local church and community.

During the service, the Queen distributes gifts according to the number of years she has lived: for example, when she turned 80 she distributed 80 pence worth of Maundy money to 80 men and 80 women in recognition for their contribution to community and to the church.

Last year, in 2021, the service was cancelled because of Covid. Instead, the Maundy money was blessed at the Chapel Royal, St James's Palace, before being posted to recipients alongside a letter from The Queen.

## From Our Book of Remembrance

Apr 3	Alan Wilson	1970	Apr 17	Bertha Stanley	1965
	Fred Peck	1977		Dennis Baxter	2001
	William Dawson	1982	Apr 18	Edith Smith	1988
	Joan Brocklehurst	1994		Ada Sayce	1989
Apr 4	Grace Lee	1975	Apr 19	Mary Elizabeth Parkinson	1944
Apr 5	Geoffrey Birch	2006		Doris Hibbert	1970
	Percy Dudleston	1979		Samuel Cook	1989
Apr 6	Herbert Brocklehurst	1975	Apr 20	Louis Bowler	1990
Apr 7	Ellen Ratcliffe	1937		Lena Schofield	1997
	Ian Stephen Duncan	2020		Mary Wright	1989
Apr 8	Alistair William Rose	1983	Apr 22	Mark Allen Cowley	2009
	Forbes		Apr 23	James Johnson	1984
Apr 9	John (Jack) Ireson	1987		Jennie Cook	1995
	Kenneth Langton	2007	Apr 24	George Wardle	1997
	Howard Steven Fogg	2008		Joan Lindley	1983
	Robin Edward Morris	2015		Doreen Lilian Pritchard	2009
Apr 10	Walter Bramall	1977		Graham Webster	2009
	Minnie Talbot	1984	Apr 25	John Jepson Thomas	1991
	Freda Mary Day	1987	Apr 25	Alice Ann Walton	1998
Apr 12	Jacqueline Ruth	1987	Apr 26	Elsie Beatrice Dugdale	1974
	Gillaspy			Beatrice Isabella Brien	1985
	Andrea Louise Johnson	2004		Harry Blackburn	2003
Apr 14	Helen Shaw	1996	Apr 27	John Kenyon	2001
Apr 15	Ernest Norris	1965	Apr 28	Ada Broadbent	1962
	Joseph Parry	2007	Apr 29	Laura Wright	2007
	Alice Banks	2009			
Apr 16	Joseph Shaw	1961			
	Emily Spencer	1990			



### BOOK OF REMEMBRANCE

To have the name of a loved one entered into this special book, and remembered in our intercessions for their anniversary please have a word with one of the wardens.

The cost for the inscription is £10 per entry

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# TAMESIDE (S.A.S) GROUP

## Stroke Awareness Support Group

*Affiliated to the Stroke Association*

We are a social group for all who have survived a stroke, their families, friends and carer.

We meet on:

**Wednesday**

**10.30 am till 12.30 pm**

**at The Pavilion, Dukinfield Park**

Our aim is to enjoy life, no matter what and have fun and socialise.

Our message is:

***DON'T STOP BEHIND CLOSED DOORS, OURS IS OPEN.***

We look forward to new members and volunteers to join us. Come in for a brew and a chat.

**Don't be shy...Give us a try!**

**IF YOU WOULD LIKE MORE INFORMATION**

**Contact:**

**HELPING TO REBUILD CONFIDENCE AND INDEPENDANCE**